

Positive Alternatives July - September 2015 Quarterly Update

Grantee: LAKES LIFE CARE CENTER

Goal: To provide resources, referrals, pregnancy and parenting education, ultrasounds, and after hours phone support to pregnant and parenting women in the north metro

For the period:

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Outreach	Meet with social service agencies and community organizations to access services for clients and seek referrals; develop relationships with local schools; update brochures and flyers, update and maintain website; advertise		Visited: Family Pathways Teen Center, Forest Lake Area Partnership for Families, Lakes Area Women In Business, Knights of Columbus, Youth Service Bureau. Dropped off flyers at North Branch Social Services and restocked flyers at local clinics and churches.	
Hotline	Provide after-hours and weekend call service; pregnancy counseling; provide accurate medical information and referrals	50	This program has not switched to OptionLine for answering phones after hours. OptionLine does not document the number of calls coming in. We have retained the use of one cell for the purposes of allowing clients to text us and for us to text them.	NA
Parenting Education	Provide individual parenting education classes in an incentive program	20	We have had 3 client give birth this summer who have moved from prenatal to parents. Mothers are reporting that classes have prepared them to become parents of infants.	38
Pregnancy Education	Provide individual pregnancy education classes in an incentive program; provide referrals when requested to child birth preparation classes, medical assistance, financial assistance and other	20	Some new clients have dropped off due to getting jobs and moving out of the area. We currently have adequate teaching staff and do not have a waiting list for this program	34

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Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	10	Many clients that come in for referrals also participate in our programs, especially our education programs so they can continue to receive services	13
Ultrasound	Nursing staff provides intake, assessment, ultrasounds, prenatal vitamins when needed; provides counseling and referrals when requested	10 - 12	We have seen a steady flow of pregnancy test clients but lately we have had more negative tests than positive. This is reflected in our ultrasound numbers.	9

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	3
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	3

Challenges: Summer is typically a slower time for us but as September has started things have started to get busier. We seeing more women who are in challenging situations that are concerned they may be pregnant. Most of these women were not pregnant so we helped them find the social services they needed but due to the fact they are not pregnant we cannot count them in the grant.

Comments: A client came in with her boyfriend on the way home from the hospital to show us their baby. They both reported that they felt very prepared during the labor and delivery process and taking care of their newborn baby because of the education that they got while attending our prenatal classes.